

**ATHLETIC PRE-PARTICIPATION PHYSICAL EXAMS**

**COST IS JUST \$20.00 FOR A COMPREHENSIVE PHYSICAL EXAM**  
**(CHECKS MADE PAYABLE TO YOUR SCHOOL)**

High school and middle school 9<sup>th</sup> grade students participating in their school's athletic programs may receive a physical exam at this time. It is an IHSAA requirement that athletic physical exams take place during an athlete's freshmen and junior year of participation. This applies to all students who will be **freshmen** and **juniors** during the 2011-2012 school year and will be participating in any high school sport.

**DAY/DATE:** Thursday, June 9, 2011

**LOCATION:** Boise State University,  
Caven-Williams Indoor  
Practice Facility

**TIME:** All **BOYS** morning only.

**Meridian School's Boys** 8am-10:30am

**Boise School's Boys** 10:30am-12:00pm

**Centennial** Boys—8am

**Capital** Boys—10:30am

**Rocky Mtn** Boys—8:30am

**Borah** Boys—10:50am

**Mtn View** Boys—9:00am

**Boise** Boys—11:10am

**Meridian** Boys—9:30am

**Timberline** Boys—11:30am

**Eagle** Boys—10:00am

All **GIRLS** afternoon only.

**Meridian School's Girls** 12:10pm-1:00pm **Boise School's Girls** 1:00pm-2pm

**Centennial** Girls—12:10pm

**Capital** Girls—1:00pm

**Rocky Mtn** Girls—12:20pm

**Borah** Girls—1:10pm

**Mtn View** Girls—12:30pm

**Boise** Girls—1:20pm

**Meridian** Girls—12:40pm

**Timberline** Girls—1:30pm

**Eagle** Girls—12:50pm

**HISTORY:** The history portion of the physical form must be completed and signed by a **parent or guardian** prior to admission to the examination session.

**NOTE:** Additional forms (eg. **scout forms/church forms**) will not be signed by the doctors.

**IMMUNIZATION:** Please answer immunization questions on the history portion of the form.

**WHAT TO WEAR:** Must wear shorts and T-shirts.

**PARENTS:** To help minimize station congestion, if you can wait for your student/athlete at the end of the rotation, it would be very helpful.

PARKING: The main Pavilion Parking lot will be free for all participants and parents.

Proceeds are donated to the athletic training departments at the high schools for purchases of educational and rehabilitation equipment.